

2021-2025

Goals/Topics I can support you with



TOLUWA OYELEYE

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- Balancing work and life
- Building relationships and influencing stakeholders for greater visibility and engagement
- Building confidence
- Communication and collaboration
- Career advancement
- Change management
- Decision making and problem-solving
- Finding one's purpose and passion
- Managing upwards
- Optimal performance, prioritisation, energy management



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- Giving and receiving feedback
- Increasing productivity
- Increasing visibility and personal brand
- Managing difficult conversations and conflict
- Navigating imposter syndrome
- Navigating uncertainty
- Planning and goal setting
- Project management
- Public speaking/presentation skills
- Setting healthy boundaries at work
- Strategic planning
- Stress management and self-care
- Time management
- and many more



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Let's Work Together

WEBSITE

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