



WHAT IS TEA with Tols?

As ironic as it may be, this idea has been in my heart for 2 good years but the perfectionist in me placed so much doubt in my mind that it distracted me from the main essence on why the idea was placed in my heart in the first place.

The videos are far from perfect in terms of quality and edits and all that jargon goes with quality blogging BUT it comes with real stories of passionate young men and women who are stirring up their passion in their own individual way, running their race at their own pace and making positive impacts in their own communities.

Series 1 explores the theme of 'Starting out': what it means, highs, lows and the commitment to keep going. Through the 3 episodes explored in the series, I discuss with amazing young people who have started out their own journeys, in very different ways.

I hope these videos, as we move on in the series, inspires and motivates you to follow your own journeys, avoid comparison to others and run your own race.

Lots of love, Toluwa